

Best Practice: Yagya (Vedic Practice)



Objectives:

1. To promote environmental purification through the sacred practice of Yagya.
 2. To enhance mental well-being and inner peace among participants.
 3. To preserve and promote Indian cultural and Vedic heritage.
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Description of the Activity:

The Yagya activity was organized on **24 March 2026** at the **Yagyashala of Janta Vedic College, Baraut (Uttar Pradesh)**. The venue itself holds great significance, as the term “Vedic” in the college’s name reflects its deep-rooted commitment to preserving and promoting ancient Vedic traditions and practices. The Yagya took place within the Yagyashala, where participants gathered around the sacred (हवन कुंड).

Students and staff actively participated with devotion, offering (आहुति) into the sacred fire while chanting Vedic mantras, creating a spiritually uplifting atmosphere. The activity emphasized discipline, spiritual awareness, and collective participation, aligning perfectly with the institutional values reflected in the college’s identity.

Participation:

A large number of **students and faculty members** took part in the Yagya. Their enthusiastic involvement reflected respect for traditions and eagerness to learn about Vedic practices.

Students: 17

Faculty Members: 06

Staff: 03

Outcomes:

- Development of **discipline and positive mindset** among participants.
- Creation of a **peaceful and spiritually enriching environment**.
- Increased **awareness about Vedic traditions and Indian cultural values**.
- Strengthening of **community bonding and collective responsibility**.

Conclusion:

The Yagya activity proved to be a highly meaningful and enriching experience. It not only contributed to spiritual and mental well-being but also reinforced the importance of

preserving Indian cultural heritage. Such practices help in building a harmonious, disciplined, and value-oriented academic environment.





